

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>8:45 Mass Ch 18 10:00 Church services on TV & in IL activities room 3:00 TV favorites</p> <p style="text-align: right;">4</p>	<p>9:45 Juice/coffee 10:00 Exercise DVD 10:30 Devotion & singalong 2:30 Movie-Sense & Sensibility</p> <p style="text-align: right;">5</p>	<p>9:45 Juice/coffee 10:00 Basketball toss 10:30 Devotion & Lucille Ball trivia 2:30 Nail care & watch I Love Lucy</p> <p style="text-align: right;">6</p>	<p>9:45 Juice/coffee 10:00 Chair dancing 10:30 Devotion & Bible trivia 2:30 Categories game 3:30 Music with Martha</p> <p style="text-align: right;">7</p>	<p>9:45 Juice/coffee 10:15 Devotion 10:30 Gardening- Purple heart flower 2:30 August Birthday social</p> <p style="text-align: right;">8</p>	<p>9:45 Juice/coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Bingo & snacks</p> <p style="text-align: right;">9</p>	<p>10:00 Juice/coffee 10:30 Movie matinee or singalong 2:30 Snacks & drinks 3:00 Sports or TV favorites</p> <p style="text-align: right;">10</p>
<p>8:45 Mass Ch 18 10:00 Church services on TV & in IL activities room 3:00 TV favorites</p> <p style="text-align: right;">11</p>	<p>9:45 Juice/coffee 10:00 Exercise DVD 10:30 Devotion & singalong 2:30 Movie-The Best Exotic Marigold Hotel</p> <p style="text-align: right;">12</p>	<p>9:45 Juice/coffee 10:00 Exercise 10:30 Devotion & singalong 2:30 Movie-The Jungle Book</p> <p style="text-align: right;">13</p>	<p>9:45 Juice/coffee 10:00 Learn about the culture of India and travel video 3:30 Music with Martha</p> <p style="text-align: right;">14</p>	<p>9:45 Juice/coffee 10:00 Chair yoga 2:30 Sampling Indian foods (Mango Lassi & Naan bread)</p> <p style="text-align: right;">15</p>	<p>9:45 Juice/coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Painting Mandalas & flowers with bright colors</p> <p style="text-align: right;">16</p>	<p>10:00 Juice/coffee 10:30 Movie matinee or singalong 2:30 Snacks & drinks 3:00 Sports or TV favorites</p> <p style="text-align: right;">17</p>
<p>8:45 Mass Ch 18 10:00 Church services on TV & in IL activities room 3:00 TV favorites</p> <p style="text-align: right;">18</p>	<p>9:45 Juice/coffee 10:00 Exercise DVD 10:30 Devotion & singalong 2:30 Movie-The Grapes of Wrath</p> <p style="text-align: right;">19</p>	<p>9:45 Juice/coffee 10:00 Discussing life in the 19 40's 10:30 Big band music 2:30 Nail care</p> <p style="text-align: right;">20</p>	<p>9:45 Juice/coffee 10:00 Chair yoga 10:30 Devotion 2:00 USO review with DJ Dave (music from the 40's) & refreshments</p> <p style="text-align: right;">21</p>	<p>9:45 Juice/coffee 10:00 Cooking in the 1940's-sample some the recipes 2:00 Bus ride to Gluckstadt for shakes</p> <p style="text-align: right;">22</p>	<p>9:45 Juice/coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Bingo & snacks or Singing in the rain</p> <p style="text-align: right;">23</p>	<p>10:00 Juice/coffee 10:30 Movie matinee or singalong 2:30 Snacks & drinks 3:00 Sports or TV favorites</p> <p style="text-align: right;">24</p>
<p>8:45 Mass Ch 18 10:00 Church services on TV & in IL activities room 3:00 TV favorites</p> <p style="text-align: right;">25</p>	<p>9:45 Juice/coffee 10:00 Exercise DVD 10:30 Devotion & singalong 2:30 Movie-Blue Hawaii</p> <p style="text-align: right;">26</p>	<p>9:45 Juice/coffee 10:00 Celebrating the Hawaiian Islands 10:30 Categories game 2:30 Men's group</p> <p style="text-align: right;">27</p>	<p>9:45 Juice/coffee 10:00 Hula exercises 10:30 Games 2:30 Travel video to the Hawaiian Islands</p> <p style="text-align: right;">28</p>	<p>9:45 Juice/coffee 10:00 Devotion 10:30 Hawaiian Recipes 2:30 Taste of the Islands</p> <p style="text-align: right;">29</p>	<p>9:45 Juice/coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Aloha Bingo & snacks</p> <p style="text-align: right;">30</p>	<p>10:00 Juice/coffee 10:30 Movie matinee or singalong 2:30 Snacks & drinks 3:00 Sports or TV favorites</p> <p style="text-align: right;">31</p>

Activities are flexible, changes or additions will be posted on the bulletin board.