

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October 2024</h1>		9:45 Juice / coffee 1 10:00 Exercise 10:30 Devotion & trivia 1:30 Nail care 3:00 Chair dancing	9:45 Juice / coffee 2 10:00 Sit n fit exercise 10:30 Devotion & trivia 2:00 Categories 3:30 Music with Martha  <small>Rosh Hashanah Begins</small>	9:45 Juice / coffee 3 10:00 Devotion & Cooking with Melva 2:00 Sampling the goodies 3:00 Cards (Gin rummy)	9:45 Juice / coffee 4 10:00 Exercise 10:30 Devotion & trivia 2:30 October Birthdays Social	10:00 Juice / coffee 5 10:30 Movie matinee 2:30 Snacks & drinks College football game times posted on bulletin board
8:45 Mass on Ch 18 6 10:15 Church services on TV & IL activities room 3:00 Movies or TV favorites	9:00 Beauty shop 7 9:45 Juice / Coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:30 Parachute game	9:45 Juice / coffee 8 10:00 Exercise 10:30 Devotion & trivia 1:30 Nail care 3:00 Bean bag games	9:45 Juice / coffee 9 10:00 Sit n fit exercise 10:30 Devotion & trivia 2:00 Categories 3:30 Music with Martha	9:45 Juice / coffee 10 10:00 Music with Mike Davis of Covenant Caregivers 10:30 Devotion & trivia 2:30 Refreshments 3:00 Cards (Hearts)	9:45 Juice / coffee 11 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:00 Dominos  <small>Yom Kippur Begins</small>	10:00 Juice / coffee 12 10:30 Movie matinee 2:30 Snacks & drinks College football game times posted on bulletin board
8:45 Mass on Ch 18 13 10:15 Church services on TV & IL activities room 3:00 Movies or TV favorites	9:00 Beauty shop 14 9:45 Juice / Coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:00 Movie  <small>Columbus Day (US) Indigenous Peoples' Day</small>	9:45 Juice / coffee 15 10:00 Exercise 10:30 Devotion & trivia 1:30 Nail care 3:00 Ring toss	9:45 Juice / coffee 16 10:00 Sit n fit exercise 10:30 Devotion & trivia 2:00 Categories 3:30 Music with Martha  <small>Sukkot Begins</small>	9:45 Juice / coffee 17 10:00 Exercise with Anne 10:30 Devotion & trivia 2:30 Refreshments 3:00 Cards (Spades)	9:45 Juice / coffee 18 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:00 Bingo	10:00 Juice / coffee 19 10:30 Movie matinee 2:30 Snacks & drinks College football game times posted on bulletin board
8:45 Mass on Ch 18 20 10:15 Church services on TV & IL activities room 3:00 Movies or TV favorites	9:00 Beauty shop 21 9:45 Juice / Coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:00 Horse race game	9:45 Juice / coffee 22 10:00 Exercise 10:30 Devotion & trivia 1:30 Nail care 3:00 Stacking game	9:45 Juice / coffee 23 10:00 Sit n fit exercise 10:30 Devotion & trivia 2:00 Categories 3:30 Music with Martha	9:45 Juice / coffee 24 10:00 Exercise 10:30 Devotion & trivia 1:30 Load the bus for 2:00 bus ride / movie & puffcorn  <small>Simchat Torah Begins</small>	9:45 Juice / coffee 25 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:00 Scrabble	10:00 Juice / coffee 26 10:30 Movie matinee 2:30 Snacks & drinks College football game times posted on bulletin board
8:45 Mass on Ch 18 27 10:15 Church services on TV & IL activities room 3:00 Movies or TV favorites	9:00 Beauty shop 28 9:45 Juice / Coffee 10:00 Exercise 10:30 Devotion & trivia 2:30 Refreshments 3:00 Movie	9:45 Juice / coffee 29 10:00 Decorate pumpkins 1:30 Nail care 3:00 Halloween Art	9:45 Juice / coffee 30 10:00 Devotion & trivia 10:30 Resident's Council meeting 2:00 Categories 3:30 Music with Martha	9:45 Juice / coffee 31 10:00 Costume contest & Face painting 2:00 Halloween goodies & carnival in dining room  <small>Halloween</small>	<h2>Siena 2 St. Catherine's Village</h2>	

All activities are flexible any changes or additions will be posted on the bulletin board.