



OCTOBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULARLY SCHEDULED WORSHIP SERVICES: CATHOLIC-M-F 8:30 AM; SUNDAY 9:00 AM EPISCOPAL-EVERY WEDNESDAY @4:00 PM METHODIST-EVERY TUESDAY @ 4:00 PM			STATE FAIR OUTING W/MARIAN HALL OCTOBER 14TH @ 10:00 AM CONTACT LAKIESHA LOVE	19:30- LOW IMPACT CARDIO 10:00-TAI CHI 10:00-BELK FLOWOOD BEAUTY MAKEOVER DAY 6:00-MEXICAN TRAIN DOMINOES	29:30- MORNING STRETCH 11:00 LUNCH BUNCH-LITTLE TOKYO HIBACHI 1:30-THE MUSIC MAN MOVIE SHOWING 6:30-BINGO	310:00-CHAPEL OF THE CROSS-A DAY IN THE COUNTRY 4:00-WATER WALKING 4:30-HYMN SINGING W/MARY LOU & MARTHA
4 9:00-MASS 10:30-PROTESTANT SERVICE	58:30-YOGA W/LEE 9:30- MORNING STRETCH 10:00 TAI CHI 10:00-WATER AEROBICS 3:00 CHOIR 4:30-CROQUET	610:00-COFFEE W/LISA 1:00-WII BOWLING 3:00 MEN'S BIBLE STUDY 7:00-ADORE HIM-GRANDVIEW THEATER	79:30- SIT & BE FIT 10:00-BEGINNER SPANISH CLASS 10:00-WATER AEROBICS 1:00-HAND & FOOT 3:00-WEDNESDAY BIBLE STUDY	89:30- LOW IMPACT CARDIO 10:00-TAI CHI 10:30-ASSISTED LIVING WHAT'S IT REALLY LIKE? 1:00 HISTORY CLUB 6:00-MEXICAN TRAIN DOMINOES	99:30- MORNING STRETCH 2:00 PM-DRIED FLOWER PUMPKIN WORKSHOP 12:00 ANGEL & THE BADMAN-B&B THEATERS-RIDGELAND 6:30-BINGO	104:00 -WATER WALKING 7:30 PM-MS SYMPHONY ORCHESTRA AMERICAN CELEBRATION-THALIA MARA
11 9:00-MASS 10:30-PROTESTANT SERVICE	129:30-MORNING STRETCH 10:00 TAI CHI 10:30-ACTIVITY COMMITTEE MEETING 10:00 WATER AEROBICS 3:00 CHOIR 4:30-CROQUET	138:30-YOGA W/LEE 9:30-VACCINE CLINIC 1:00-WII BOWLING 3:00 MEN'S BIBLE STUDY	149:30- SIT & BE FIT 10:00-BEGINNER SPANISH CLASS 10:00-WATER AEROBICS 1:00-HAND & FOOT 3:00-WEDNESDAY BIBLE STUDY	159:30- LOW IMPACT CARDIO 10:00-THAI CHI 2:00-MARTA SZLUBOWSKA, VIOLINIST 6:00-MEXICAN TRAIN DOMINOES 7:00-SUNDOWN RENAISSANCE	169:30-MORNING STRETCH 10:30 TENNESSEE ERNIE FORD-HIS LIFE AND TIMES MOVIE SCREENING 2:00-SCV BIRTHDAY CELEBRATION 6:30-BINGO	177:30-1:30-EMPLOYEE FISHING DAY SCV'S 38TH BIRTHDAY 4:00 -WATER WALKING
18 9:00-MASS 10:30-PROTESTANT SERVICE	199:30-MORNING STRETCH 10:00 TAI CHI 10:00-WATER AEROBICS 3:00-CHOIR 4:30-CROQUET	208:30-YOGA W/LEE 9:30- LOW IMPACT CARDIO 10:30-CSPIRE-UNDERSTANDING AI 1:00-WII BOWLING 3:00 MEN'S BIBLE STUDY 5:00 DINNER OUT-BRAVOS	219:30- SIT & BE FIT 10:00 10:00-BEGINNER SPANISH CLASS 10:00-WATER AEROBICS 1:00-HAND & FOOT 3:00-WEDNESDAY BIBLE STUDY 4:30-FOREFRONT HAPPY HOUR	229:30- LOW IMPACT CARDIO NO TAI CHI 10:00-OFFICE OF TREASURY 2:00 MEMORIAL SERVICE (CHAPEL) 6:00-MEXICAN TRAIN DOMINOES	239:30-MORNING STRETCH 10:00-MUSEUM OF ART & HAL & MAL'S 1:00-\$1 BRIDGE GAME 6:30 PM-BINGO	244:00 -WATER WALKING
25 9:00-MASS 10:30-PROTESTANT SERVICE	269:30- MORNING STRETCH 10:00 TAI CHI 10:00-WATER AEROBICS 3:00-CHOIR 4:30-CROQUET	278:30-YOGA W/LEE 9:30- LOW IMPACT CARDIO 1:00-WII BOWLING 3:00 MEN'S BIBLE STUDY 4:00 CURRENT EVENTZ	289:30- SIT & BE FIT 10:00-BEGINNER SPANISH CLASS 10:00-WATER AEROBICS 1:00-HAND & FOOT 3:00-WEDNESDAY BIBLE STUDY	299:30- LOW IMPACT CARDIO 10:00-TAI CHI 1:00-MOVIE MATINEE-QUIET MAN 6:00-MEXICAN TRAIN DOMINOES	309:30-MORNING STRETCH 2:00-WITCH'S BREW HALLOWEEN PARTY WITH LARRY BREWER 6:30-BINGO	314:00 -WATER WALKING



MORNING COFFEE-M-F @ 8:00 AM
HAPPY STITCHERS-EVERY TUESDAY & THURSDAY @ 1:00 PM
CROQUET-MONDAYS @4:30 PM
WII BOWLING-TUESDAYS @ 1:00 PM
BOOK MOBILE THURSDAY, OCTOBER

15 @ 2:00 PM

BEGINNER SPANISH CLASSES- WEDNESDAYS @ 10:00 AM
BLOOD PRESSURE CHECKS TUESDAYS @10:00 AM

PINK FRIDAYS-BREAST CANCER AWARENESS
Let's spread awareness, show support, and honor the fighters, survivors, and those we have lost.

