



September 2024

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 LABOR DAY! No Activities	3 10:00a - Coffee w/ Lisa 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Mahjong Lessons 3:00p - Men's Bible Study 4:00p - Water Walking	4 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:30a - Virtual Tour of Austria & the Alps 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	5 8:30a - Yoga w/ Lee 9:30a - Low impact Cardio w/Klove 1:00p - Trip to the Craftsmen's Guild: A MS Quilt Challenge: An Exhibit of MS Themed Quilts 4:00p - Water Walking	6 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - LUNCH BUNCH: Martin's at Livingston 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	7 4:00p Water Walking 7:30p Sympho-
8 10:30a Protestant Service	9 9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee: Calendar Girls 3:30p - Sunshine Choir	10 8:30a - Yoga w/ Lee 9:30a - Low impact Cardio w/Klove 10:00a - 11:00a - BP Checks 10:30a - Veterans Club 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Mahjong Lessons 4:00p - Water Walking 5:00p - DINNER OUT: Eslava's Grille	11 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:00a - Origin Bank 10:30a - Virtual Tour of Austria & the Alps 11:00a - 1:00p - Honey for Sale 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	12 9:30a - Low impact Cardio w/Klove 1:00p - History Club (George Kirkpatrick) 2:30p - National Honey Month Presentation 4:00p - Water Walking	13 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - FLUTE & PIANO PERFORMANCE 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	14 10a-2p Tour of Raymond 4:00p Water Walking
15 10:30a Protestant Service	16 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: Philomena 3:30p - Sunshine Choir	17 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking	18 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:30a - Dr. Hines: MS Urology Clinic-Prostate Health Presentation 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	19 9:00a - NATIONAL BISCUIT MONTH BREAKFAST 2:00p - Photo Clipboard Craft 2:00p - Book Mobile 4:00p - Water Walking	20 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - \$1 Bridge Game 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	21 4:00p Water Walking
22 10:30a Protestant Service 2:00p New Stage	23 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: Singin' in the Rain 3:30p - Sunshine Choir	24 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 10:30a - Conversation with Highway Safety : Tips for Safe Driving 1:00p - Happy Stitchers 1:30p - Wii Bowling 4:00p - Water Walking	25 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:00a - Origin Bank 10:30a - Virtual Tour of Austria & the Alps 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	26 9:30a - Low Impact Cardio w/ Klove 1:30p - 90s BIRTHDAY CELEBRATION 4:00p - Current Eventz 4:00p - Water Walking	27 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - LOOK AROUND MS FILM PART 1: Walt Grayson 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	28 4:00p Water Walking
29 10:30a Protestant Service	30 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: Oh Mr. Faulkner : Do you Write? 3:30p - Sunshine Choir	Church Services Catholic Service: Monday - Friday 8:30am/Sunday 9:00am(Chapel) United Methodist Service: Tuesdays 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)				