



September 2025



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 LABOR DAY! No Activities	2 10:00a - Coffee w/ Lisa 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking	3 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:30a - Virtual Tour of Austria & the Alps 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	4 8:30a - Yoga w/ Lee 9:30a - No Low impact Cardio due to Piano Tuning 1:00p - Trip to the Mississippi Museum of Art Invitational 4:00p - Water Walking	5 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:00a - Quilters Group 11:00a - LUNCH BUNCH: Georgia Blue 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	6 4:00p Water Walking 7:30p Symphony
7 10:30a Protestant Service	8 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee: Out of Africa	9 8:30a - No Yoga 9:30a - Low impact Cardio 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking 5:00p - DINNER OUT: Amerigos	10 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:00a - Origin Bank 10:30a - Virtual Tour of Austria & the Alps 11:00a - 1:00p - Honey for Sale 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	11 9:30a - Low impact Cardio 1:00p - History Club (George Kirkpatrick) 2:15p - Flight 93 (Film shown in Honor of 9/11) 4:00p - Water Walking	12 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Mahjong 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	13 4:00p Water Walking
14 10:30a Protestant Service 2:00p New Stage	15 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: Wimbledon	16 8:30a - No Yoga 9:30a - Low Impact Cardio 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking	17 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	18 9:30a - Low impact Cardio 1:00p - \$1 Bridge Game 2:00p - Book Mobile 4:00p - Water Walking	19 9:00a - Water Aerobics 9:00a - National Biscuit Month Breakfast 10:00a - Water Aerobics 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	20 4:00p Water Walking
21 10:30a Protestant Service	22 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: The Miracle Club	23 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking	24 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Catholic Inquiry Class 10:00a - Water Aerobics 10:00a - Origin Bank 10:30a - Virtual Tour of Austria & the Alps 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	25 9:30a - Low Impact Cardio 10:30p - Sonya Loper & Fran Mitchell Music Performance 2:00p - Show and Tell 4:00p - Current Eventz 4:00p - Water Walking	26 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo College Color Day	27 4:00p Water Walking
28 10:30a Protestant Service	29 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Opera : Cavalleria Rusticanna Pietro Mascagni	30 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking	Church Services Catholic Service: Monday - Friday 8:30am/Sunday 9:00am(Chapel) United Methodist Service: Tuesdays 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)			