




Activity Calendar September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: Cafe	2 <i>Labor Day</i>	3 *8:30 Yoga with Lee 1:00 Beginner Spanish Class 2:00 Play Practice/Choir 3:45 Water Walking	4 *9-11 Personal Training: Gym 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 1:00 Hand & Foot Card Games	5 10:00 Coffee with Lisa Weather Safety with Security 12:30- 1:30 Book Mobile 1:00 Happy Stitchers: <u>Club Rm.</u> 1:00 Oil painting with Bob Ross 3:45 Water Walking	6 9:30 Water Aerobics 9:30 Group Exercise *10:15 Technology Sessions 4:00 Happy Hour, byob 6:30 Bingo	7 3:45 Water Walking: <u>Pool</u>
8 9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: Cafe <i>Grandparents Day!</i>	9 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 10:30 Activity Committee Meeting 1:00 Movie: Boystown	10 *8:30 Yoga with Lee 10:30 History Club with George Pioneers West Pt. 2 1:00 Beginner Spanish Class 2:00 Play Practice/Choir 3:45 Water Walking  *5:00 Dinner Out- Sombra	11 *9-11 Personal Training: Gym 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 9:30 Catholic Inquiry Class: <u>Dogwood</u> 11-1 Local Honey for sale in front lobby 1:00 Hand & Foot Card Games	12 10:30 Bible Study with Sam T. 1:00 Happy Stitchers: <u>Club Rm.</u> 1:00 Crafts: Making hand lotion and sugar scrubs 3:45 Water Walking	13 9:30 Water Aerobics 9:30 Group Exercise 10:30 Boys Town Louisiana Presentation 4:00 Happy Hour, byob 6:30 Bingo	14 3:45 Water Walking: <u>Pool</u>
15 9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: Cafe *1:15 New Stage 	16 <i>No movie today</i> 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 3:00 Dress Rehearsal 'Has He Gone Home?' A comedy by SCV actors	17 *8:30 Yoga with Lee 1:00 Beginner Spanish Class 3:45 Water Walking 6:45 PLAY: 'Has He Gone Home?' A comedy by SCV actors	18 *9-11 Personal Training: Gym 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 9:30 Catholic Inquiry Class: <u>Dogwood</u> 1:00 Hand & Foot Card Games	19 10:30 Guest Speaker: Vera Simon, MS Public Service Commission Info Session on 'robo phone calls' 12:30- 1:30 Book Mobile 1:00 Happy Stitchers: <u>Club Rm.</u> 1:00 Crafts: Sunflower 3:45 Water Walking	20 9:30 Water Aerobics 9:30 Group Exercise *3:30 Dart Game: Cafe 4:00 Happy Hour, byob Dan Michael on piano! 6:30 Bingo	21 3:45 Water Walking: <u>Pool</u>
22 9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: Cafe	23 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 1:00 Movie: Paris When It Sizzles	24 *8:30 Yoga with Lee 1:00 Beginner Spanish Class 3:45 Water Walking *5-6:30 'Night in Paris' Dinner in Skylight Dining Room	25 *9-11 Personal Training: Gym 9:30 Water Aerobics: <u>Pool</u> 9:30 Group Exercise 9:30 Catholic Inquiry Class: <u>Dogwood</u> 1:00 Hand & Foot Card Games	26 10:30 Guest Speaker: Jon Pritchett, President of MS Center for Public Policy 1:00 Happy Stitchers: <u>Club Rm.</u> 1:00 Watercolor painting 3:45 Water Walking 4:00 Book Club: <u>Club Rm.</u>	27 9:30 Water Aerobics 9:30 Group Exercise *1:00 \$1 Bridge Game 4:00 Happy Hour, byob 6:30 Bingo	28 3:45 Water Walking: <u>Pool</u>
29 9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: Cafe	30 9:30 Water Aerobics 9:30 Group Exercise *10:15 Technology Sessions 1:00 Movie: Letters to Juliet				 Turn over for more details	