

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2022

						<p>9:30 Room visits with devotional sheets 10:30 Exercise video 1:00 Relaxation 3:00 Movie</p>	1
<p>9:00 Mass on Ch 18 10:00 Church services on TV 1:00 Relaxation 3:00 TV favorites or TV sports</p>	<p>10:30 Devotion /current events 2:30 Exercise video 3:30 Outdoor time or Music on TV</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Nail care 3:30 Hymn sing along</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Bingo</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Cooking demo- Noodle surprise</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Smile social</p>	<p>9:30 Room visits with devotional sheets 10:30 Exercise video 1:00 Relaxation 3:00 Movie</p>	8
<p>9:00 Mass on Ch 18 10:00 Church services on TV 1:00 Relaxation 3:00 TV favorites or TV sports</p>	<p>10:30 Devotion /current events 2:30 Exercise video 3:30 Outdoor time or Music on TV Columbus Day (US) Indigenous Peoples' Day</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Nail care 3:30 Hymn sing along</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Outdoor time or music on TV</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Outdoor time or music on TV</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Outdoor time or music on TV</p>	<p>9:30 Room visits with devotional sheets 10:30 Exercise video 1:00 Relaxation 3:00 Movie</p>	15
<p>9:00 Mass on Ch 18 10:00 Church services on TV 1:00 Relaxation 3:00 TV favorites or TV sports</p>	<p>10:00 Exercise 10:30 Devotion/current events 2:30 Snacks/visits</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Nail care 3:30 Hymn sing along</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Bingo</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:00 Crafting - Making Christmas ornaments</p>	<p>9:45 Coffee/juice 10:00 Cooking Chili 10:30 Devotion/current events 2:30 Chili/cheese social</p>	<p>9:30 Room visits with devotional sheets 10:30 Exercise video 1:00 Relaxation 3:00 Movie</p>	22
<p>9:00 Mass on Ch 18 10:00 Church services on TV 1:00 Relaxation 3:00 TV favorites or TV sports</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Snacks on the porch or in living room</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Nail care 3:30 Hymn sing along</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Bingo</p>	<p>9:45 Coffee/juice 10:00 Exercise 10:30 Devotion/current events 2:30 Carving pumpkins</p>	<p>9:45 Coffee/juice 10:30 Devotion/current events 2:30 Decorate for Halloween 3:00 Movie & puffcorn</p>	<p>9:30 Room visits with devotional sheets 10:30 Exercise video 1:00 Relaxation 3:00 Movie</p>	29
<p>9:00 Mass on Ch 18 10:00 Church services on TV 1:00 Relaxation 3:00 TV favorites or TV sports</p>	<p>9:45 Coffee/juice 10:30 Devotion/current events 2:30 Judge Halloween costumes 3:00 Halloween social Halloween</p>						

Activities are flexible. Any changes or additions will be posted on the bulletin board.