

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |   |
|--|---|---|--|--|--|---|---|
| 9:00 Mass on Ch 18<br>10:00 Church services on TV & in Ind Living activity room<br>2:30 TV favorites | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>1:00 Decorating for holidays & Eggnog | 9:45 Juice/Coffee<br>10:00 Devotion & pet therapy<br>1:00 Decorating for holidays & hot tea & cookies                           | 9:45 Juice/Coffee<br>10:00 <b>Resident's Council Meeting</b><br>1:00 Decorating for holidays with Mocktails & chips                | 9:45 Juice/Coffee<br>10:00 Exercise/trivia & devotion<br>1:00 Decorating for holidays & hot chocolate              | 9:45 Juice/Coffee<br>10:00 <b>Making fudge</b> & devotion<br>1:00 Decorating for holidays with Christmas goodies | 10:00 Juice/coffee with TV favorites<br>3:00 Sports on TV or Movies |   |
| 9:00 Mass on Ch 18<br>10:00 Church services on TV & in Ind Living activity room<br>2:30 TV favorites | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>1:30 Nail care<br>2:30 Snacks         | 9:45 Juice/Coffee<br>10:00 Exercise/trivia & devotion<br>2:30 <b>December Birthdays Social</b>                                  | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>3:00 Christmas singalong                                 | 9:45 Juice/Coffee<br>10:00 Science for seniors & devotion<br>3:30 <b>Load bus for ride to see Christmas lights</b> | 9:45 Juice/Coffee<br>10:00 <b>Making gingerbread brownies</b> & devotion<br>2:30 Snacks & movie                  | 10:00 Juice/coffee with TV favorites<br>3:00 Sports on TV or Movies |   |
| 9:00 Mass on Ch 18<br>10:00 Church services on TV & in Ind Living activity room<br>2:30 TV favorites | 9:45 Juice/Coffee<br>10:00 trivia & devotion<br>1:30 Nail care<br>2:30 Snacks                                   | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>2:30 Snacks & movie                                   | 9:45 Juice/coffee<br>10:00 Exercise video<br>2:00 <b>Family &amp; friends Christmas party</b>                                      | 9:45 Juice/Coffee<br>10:00 Christmas music trivia & devotion<br>2:30 Snacks & movie                                | 9:45 Juice/Coffee<br>10:00 <b>Making peppermint pretzels</b> & devotion<br>2:30 Snacks & movie                   | 10:00 Juice/coffee with TV favorites<br>3:00 Sports on TV or Movies |   |
| 9:00 Mass on Ch 18<br>10:00 Church services on TV & in Ind Living activity room<br>2:30 TV favorites | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>2:30 Snacks & movie                   | 9:45 Juice/Coffee<br>10:00 <b>Reading Twas the Night Before Christmas with Fallon</b><br>2:30 Snacks & movie                    | 25<br><b>Merry Christmas</b><br>10:00 Christmas movie<br>11:00 Christmas lunch<br>3:00 TV favorites or art sheets<br><br>Christmas | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>2:30 Snacks & movie                      | 9:45 Juice/Coffee<br>10:00 Exercise/ current events /trivia & devotion<br>2:30 Snacks & movie                    | 10:00 Juice/coffee with TV favorites<br>3:00 Sports on TV or Movies |   |
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Winter Begins

All activities are flexible, any changes will be posted on the bulletin board.